

Trail Etiquette at Gunstock Nordic Center

General

- Do not walk on groomed ski trails.
- Move off trail to allow grooming equipment to pass.
- Avoid trail use right after groomers have groomed trails. It takes 2-4 hours for the freshly groomed trails to set up.
- Keep right on two-way trails.
- Do not skate on diagonal (classic ski) tracks.
- If you fall, please get off the trail as soon as you can.
- Please let others know that you are approaching them from behind by politely calling out "trail" or "on your left".
- If you are skiing fast and come upon slower skiers, please reduce your speed while you pass on their left -then take off again once you have passed them. Think of other skiers as yield signs.
- Fill in sitzmarks (disturbed snow left when you fall).
- Downhill skiers have the right-of-way.
- Avoid areas where machines are working.
- Make eye contact with equipment operators before passing. **Make sure that they can see you!**
- Give right of way to equipment working.

Snowshoeing

- All snowshoers must have a trail pass. Snowshoes must be worn when using trails.
- Never snowshoe on a track (the 2 grooves that skis fit into)
- Attempt to use designated snowshoe trails as much as possible.
- If you are snow shoeing on a ski trail, walk to the side of the groomed trails.
- Nordic skiers have the right of way.
- If you are in a busy area, please pick a quieter trail to snowshoe.

Fat Biking

- All fat bikers must have a trail pass.

- No biking on soft snow/mud/dirt. If you leave a rut 1 inch or deeper, are having a hard time riding in a straight line or need to push you bike, it is too soft. If you experience this, please get off the trail system and notify the staff, as the trails should not be open to fat biking in that state.
- Tires must be wider than 3.5" and tire pressure must be less than 10 psi.
- **Bikes yield to all other users.** Cross country skiers do not have brakes, so bikes are responsible for staying out of their way. Watch skiers' poles. They can be fragile and expensive.
- If you are in a busy area, please pick a quieter trail to ride.
- Gunstock Nordic Center staff will monitor conditions and usage and restrict fat bike use when appropriate.

Skijoring, Kick Sled and Dog Handling

- Handlers must follow all above rules and have proper equipment attached to feet (skis, snowshoes, or fat bike) or appropriate equipment for the sport for both dog and handler.
- Dogs must be leashed or tethered and always well behaved.
- When meeting and/or passing other trail users, the dog handler and dog must be together on the same side of the trail.
- Dog handlers must pick up and carry out dog waste.
- If you are in a busy area, please pick a quieter trail to ski with your dog.
- Gunstock Nordic staff will monitor conditions and usage and restrict Skijoring and kick sleds when appropriate.