



## **ADULT LEAGUE RACING ADDITIONAL RULES FOR ALL RACE SERIES**

Gunstock Races generally follow FIS & USSA Rules, with added notes below:

- Final Authority: Gunstock's Race Department has sole authority to modify and adjust the racing situation to fit conditions. Such technical decisions are not subject to protest.
- Highly technical FIS Rules: Rules such as binding height, sidecut radius, and skiwear porosity do not apply and are not enforced. But ski brakes or leashes are required as appropriate for the type of equipment.
- Equipment Type: Alpine skis, telemark skis, and snowboards are all allowed, Special adaptive equipment is allowed, but is not scored separately, except as applicable for Nastar in the Thursday series. No Flexible Flyers, tubes, toboggans, bobsleds, etc.! Unsafe equipment of any kind is not allowed.
- Helmets: They are not required. But they are strongly encouraged.
- Binding Release: In case of a binding release or fall before the 2nd gate, you may reload and restart. The aborted run will not be scored as a race run. You may restart when ready, without going to the back of the line. Note this would allow a rerun for a fall/release at the 1st gate.
- Binding Release on Course: After a binding release on-course, you may continue after putting your ski(s) or board back on. You must continue on two skis, or fully clipped onto your board, or on your regular adaptive equipment, unless the release is less than 2 gates from the finish, when you can continue on one ski, or minimal safe adaptive equipment, if applicable. However, note the 2-minute Time Limit Rule.
- Interference: If a slower racer or another person or object interferes with you, you may take a rerun, or take your actual time, if you still finish. It is recommended that you ski out of the course immediately if interfered with. Reruns may only be approved by a race official. If the situation is not obvious, you should contact the nearest race official for approval for a rerun or a provisional rerun, and the situation will be evaluated later. Please minimize disturbing the timer and scorer.
- Passing: If another racer passes you, you must yield room. If you were passed because of a binding release, fall, hiking back, etc., you are not eligible for a rerun. If you were incorrectly spaced by the starter, or are just going slowly, you have an optional rerun if your time was affected.
- Time Limit: Once you run over 2 minutes on the clock because of a fall, losing ski(s), or hiking back up, you are a DQ. But you will not be DQ'd if you have not done any of the above or come to a full stop.
- DNF & DQ's: DNF's and DQ's should not ski through the finish, but make their way down the side of the course out of the way of subsequent racers, and not pass through the finish gate, so as not to affect another racer.
- Employee Rules: Gunstock employees, even those 'on the clock', may not cut line. Race Department Personnel who are On Duty and working the event may cut line as needed for course setting and maintenance. Gunstock employees are not exempt from wearing bibs, except in the case of Safety Services Personnel on duty.
- Forerunners, Course Setters, and Pacesetters: Forerunners are NOT eligible to later ski as racers in that race, nor may their times be used as provisional times to be later applied. Course setters and Nastar® pacesetters competing in the race should run in regular order. According to Nastar® rules, the fastest racer with a certified National or Pacesetter handicap acts as the pacesetter for race leagues that submit scores to the Nastar system.
- Race Dept. Personnel: Race Dept. personnel may only ski on their regular teams, and not as 'ringer' substitutes on the Thursday league for teams needing temporary replacements. This prevents a possible unfair advantage for teams short on racers, who might borrow fast skiers from Race. Race duties must be attended to before personal skiing.